



Dear Parents/Carers

Welcome to your Summer/ Autumn Menu

I don't think any of us were expecting another lockdown in January, lets hope that we can all return to some kind of normal very soon.

Service is still a mix bag across our schools, we are working very closely with our schools to ensure everyone is fed as safely as possible.

On a happier note, we would like to welcome Kingsley school to Love food, they will be starting with us after the holiday.

We are still not accepting paper orders due to coronavirus; you can order online at:

www.eduspot.co.uk

Please ensure you have booked a meal for your child, even if they are universal or free school meals. For safety reasons we are unable to access bubbles therefore we are unable to swap meals or provide extra meals once the meals have been sent out due to safety reasons.

If you wish to order, amend an order or have a query please email your kitchen as your kitchen holds all the ordering information.

Love Food



Winter 2021 Egg free Menu

Week One

Weeks beginning

7th Jun, 28th Jun, 19th Jul 30th Aug, 20th Sep, 11th Oct

Week Two

Weeks beginning

14th June, 5th July 6th Sep, 27th Sept, 18th Oct

Week Three

Weeks beginning

21st June, 12th July 13th Sep, 4th Oct

Monday



Meat: Pepperoni baguette pizza

Veg: Cheese baguette pizza

With: Homemade potato wedges and sweet corn

Dessert: FF Cake of the day

Meat: Meatball marinara baguette

Veg: Meat free meatball marinara

With: Homemade potato wedges and sweet corn

Dessert: FF Cake of the day

Meat: Pulled pork roll

Veg: Vegetable burger in a roll

With: Homemade potato wedges and sweet corn

Dessert: FF Cake of the day

Tuesday



Meat: Philly cheese chicken pasta bake

Veg: Macaroni cheese

With: Garlic bread, raw carrot and pepper batons

Dessert: Strawberries in jelly with cream

Meat: Bolognese Mozzarella pasta bake

Veg: Tomato mozzarella bake

With: Garlic bread, raw carrot and pepper batons

Dessert: Mandarin segments in jelly with cream

Meat: Bow tie pasta lasagne

Veg: vegetable lasagne

With: Garlic bread, raw carrot and pepper batons

Dessert: Strawberries and cream

Wednesday



Meat: Roast Chicken

Veg: Vegetable casserole

With: Roast potatoes, FF Yorkshire pudding, mixed veg.

Dessert: Various biscuits

Meat: Roast Pork

Veg: Tomato and basil balls

With: Roast potatoes, FF Yorkshire pudding, mixed veg.

Dessert: Various biscuits

Meat: Roast Gammon

Veg: Cauliflower cheese

With: Roast potatoes, FF Yorkshire pudding, mixed veg

Dessert: Various biscuits

Thursday



Meat: Chilli burrito

Veg: Vegetable chilli burrito

With: Rice, Chopped tomatoes, lettuce and cucumber

Dessert: Mixed fruit salad

Meat: Chicken Souvlaki wrap

Veg: Mediterranean roasted veg wrap

With: Rice, Chopped tomatoes, lettuce and cucumber

Dessert: Mixed fruit salad

Meat: Sweet and sour chicken balls in batter

Veg: sweet and sour vegetable balls

With: Rice, Chopped tomatoes, lettuce and cucumber

Dessert: Mixed fruit salad

Friday



Meat: Breaded cod

Veg: Falafels

With: Oven baked chips and peas

Dessert: FF Cake of the day

Meat: Fish bites

Veg: Heck sausages

With: Oven baked chips and peas

Dessert: FF Cake of the day

Meat: Fish fingers

Veg: Vegetable fingers

With: Oven baked chips and peas

Dessert: FF Cake of the day

Soup option

Warm Heinz soup served in an insulated cup with a bread roll, choose from chicken, tomato, or vegetable

Lunch box option

Your choice of: Sandwich, Roll, or a Wrap. Fillings: Strawberry jam, Cheese, Ham, Chicken, or Tuna FF mayo. All lunch boxes come with a piece of fruit, a yoghurt, a dessert and a snack bag which can contain any two of the following which are swapped around daily: Crackers, Cheese, Cherry tomatoes chopped, Cucumber batons, Carrot batons, Pepper batons, chopped grapes, Mixed salad, Popcorn, Veggie straws, Melon sticks, Pretzels, Dried chewy bananas, Dried apple slices, Cheezie straws, Quinoa chips, Pineapple sticks, Raisins.

Jacket potato

All Jacket potatoes come with a choice of either one or two of the following Fillings: cheese, Beans, Tuna FF mayo, and salad.

Salad option

Your choice of ham, cheese, tuna FF mayo or falafels served with lettuce, tomatoes, cucumber, peppers, FF coleslaw and new potatoes

Everyday items

Milk, Water, Bread, Yoghurts and fruit are available every day.



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