

Dear Parents/Carers

Welcome to your winter menu.

It's safe to say that last year didn't quite go as planned for any of us, we would like to assure all our parents that we have worked with your school to produce a menu which is safe to deliver whilst following the food standards guidelines. Ultimately the menu we send you has to be what the school have asked us to do. All of our schools are designed very differently, some are able to go ahead with normal service and normal menu, others are unable to do this, so we have adjusted our menu and how we serve our food accordingly.

In our schools where plated service is not possible, we have designed a takeaway meal in a compostable box and recyclable bag, the takeaway menu may be slightly different to the main menu or completely different according to the directions the school have given us.

We have formed kitchen bubbles within our schools, all our staff still have to wear full PPE and will change that PPE regularly to ensure no bubble will be compromised.

Hopefully when our next menu is due, we will all be back to a more normal way of life.

We are not accepting paper orders due to coronavirus, you can either order online (if your school uses online booking) or you can email your order to your kitchen, emails are below. Please do not send your orders to the head office email as we cannot guarantee we will see your email to pass on.

Please ensure you have booked a meal for your child, even if they are universal or free school meals. For safety reasons we are unable to access bubbles therefore we are unable to swap meals or provide extra meals once the meals have been sent out due to safety reasons.

For our schools not ordering online you can transfer your payment to us, below are our bank details for transferring payment:

Sort code: 09-01-28, Account number: 63832500

please use your child's school and name as reference please. (please ensure a payment is made when booking your meal, all transfers are checked against the order, if no payment is available your order will not be processed. Please note we do not offer a credit service and all debt will be recovered before your child can continue having meals)

If you wish to order, amend an order or have a query please email your kitchens as your kitchens hold all the ordering information.

Stanion: lovefoodstanion@outlook.com

Nassington: lovefoodnassington@outlook.com

Cottesmore: lovefoodcottesmore@outlook.com

Geddington: lovefoodgeddington@outlook.com

Polebrook: lovefoodpolebrook@outlook.com

Higham Infants: lovefoodhighaminfants@outlook.com

King's Cliffe: lovefoodkingscliffe@outlook.com

Higham juniors: lovefoodhighamjuniors@outlook.com

Uppingham: lovefooduppingham@outlook.com

Hayfield cross: lovefoodhayfields@outlook.com

Corby old village: lovefoodcorbyoldvillage@outlook.com

Trinity C of E: lovefoodtrinity@outlook.com

Henry Chichele: lovefoodhenrychichele@outlook.com



Winter 2021

Paid meals are £2.40

Winter 2021 Gluten and Egg Free Menu

Week One

Weeks beginning

4th Jan, 25th Jan 22nd Feb, 15th Mar

Week Two

Weeks beginning

11th Jan, 1st Feb 1st Mar, 22nd Mar

Week Three

Weeks beginning

18th Jan, 8th Feb 8th Mar,

Monday



Meat: Steak ff wrap
Veg: Falafel ff wrap
With: Crispy potatoes and mixed veg
Dessert: FF cake

Meat: Chicken fajitas
Veg: FF falafel wrap
With: Rice and mixed veg
Dessert: FF cake

Meat: FF Chicken goujons with sweet chilli dip
Veg: FF veg wrap
With: Crispy potatoes and mixed veg
Dessert: FF cake

Tuesday



Meat: Mild Chilli con carne
Veg: Vegetable Chilli con carne
With: Tortilla chips, Rice, green beans
Dessert: Alpro chocolate dessert

Meat: FF Sausages and mash
Veg: Veg sausage and mash
With: Mash and green beans
Dessert: Alpro chocolate dessert

Meat: Shepherd's pie
Veg: Vegetable shepherd's pie
With: FF French bread and green beans
Dessert: Alpro chocolate dessert

Wednesday



Meat: Roast Turkey
Veg: Vegetable casserole
With: Roast pots, FF Yorky, cauliflower & carrots
Dessert: FF biscuits

Meat: Roast Chicken
Veg: Tomato and basil balls
With: Roast pots, FF Yorky, cauliflower & carrots
Dessert: FF biscuits

Meat: Roast Pork
Veg: Cauliflower cheese
With: Roast pots, FF Yorky, cauliflower & carrots
Dessert: FF biscuits

Thursday

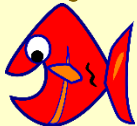


Meat: Ham FF macaroni cheese
Veg: FF Macaroni cheese
With: FF French bread and and sweetcorn
Dessert: FF cake

Meat: FF Meatball FF pasta
Veg: Tomato FF pasta
With: FF French bread and sweetcorn
Dessert: FF cake

Meat: Lasagne FF pasta
Veg: Meat free FF lasagne
With: FF French bread and sweetcorn
Dessert: FF cake

Friday



Meat: FF cod
Veg: Sweetcorn fritter
With: Oven baked chips and peas
Dessert: FF cake

Meat: FF Fishfingers
Veg: Falafels
With: Oven baked chips and peas
Dessert: FF cake

Meat: FF cod
Veg: Falafels
With: Oven baked chips and peas
Dessert: FF cake

Soup option

Warm Heinz soup served in an insulated cup with a bread roll, choose from chicken or tomato

Lunch box option

Your choice of: FF Sandwich, FF Roll, or a FF Wrap. Fillings: Strawberry jam, Cheese, Ham, Chicken, or Tuna FF mayo, vegan ham, vegan chicken, or vegan cheese. All lunch boxes come with a piece of fruit, a yoghurt, a dessert and a snack bag which can contain any two of the following which are swapped around daily: Cheese triangle, Cherry tomatoes chopped, Cucumber batons, Carrot batons, Pepper batons, Chopped grapes, Mixed salad, Popcorn, Veggie straws, Melon sticks, Pretzels, Dried chewy bananas, Dried apple slices, Cheezi straws, Quinoa chips, Pineapple sticks, Raisins

Jacket potato Everyday items

All Jacket potatoes come with a choice of either one or two of the following Fillings: cheese, Beans, Tuna ff mayo, and salad.

Milk, Water, FF Bread, Yoghurts and fruit are available every day.



Love Food