

Dear Parents/Carers

Welcome to your winter menu.

It's safe to say that last year didn't quite go as planned for any of us, we would like to assure all our parents that we have worked with your school to produce a menu which is safe to deliver whilst following the food standards guidelines. Ultimately the menu we send you has to be what the school have asked us to do. All of our schools are designed very differently, some are able to go ahead with normal service and normal menu, others are unable to do this, so we have adjusted our menu and how we serve our food accordingly.

In our schools where plated service is not possible, we have designed a takeaway meal in a compostable box and recyclable bag, the takeaway menu may be slightly different to the main menu or completely different according to the directions the school have given us.

We have formed kitchen bubbles within our schools, all our staff still have to wear full PPE and will change that PPE regularly to ensure no bubble will be compromised.

Hopefully when our next menu is due, we will all be back to a more normal way of life.

We are not accepting paper orders due to coronavirus, you can either order online (if your school uses online booking) or you can email your order to your kitchen, emails are below. Please do not send your orders to the head office email as we cannot guarantee we will see your email to pass on.

**Please ensure you have booked a meal for your child, even if they are universal or free school meals. For safety reasons we are unable to access bubbles therefore we are unable to swap meals or provide extra meals once the meals have been sent out due to safety reasons.**

For our schools not ordering online you can transfer your payment to us, below are our bank details for transferring payment:

Sort code: 09-01-28, Account number: 63832500

please use your child's school and name as reference please. (please ensure a payment is made when booking your meal, all transfers are checked against the order, if no payment is available your order will not be processed. Please note we do not offer a credit service and all debt will be recovered before your child can continue having meals)

**If you wish to order, amend an order or have a query please email your kitchens as your kitchens hold all the ordering information.**

Stanion: [lovefoodstanion@outlook.com](mailto:lovefoodstanion@outlook.com)

Nassington: [lovefoodnassington@outlook.com](mailto:lovefoodnassington@outlook.com)

Cottesmore: [lovefoodcottesmore@outlook.com](mailto:lovefoodcottesmore@outlook.com)

Geddington: [lovefoodgeddington@outlook.com](mailto:lovefoodgeddington@outlook.com)

Polebrook: [lovefoodpolebrook@outlook.com](mailto:lovefoodpolebrook@outlook.com)

Higham Infants: [lovefoodhighaminfants@outlook.com](mailto:lovefoodhighaminfants@outlook.com)

King's Cliffe: [lovefoodkingscliffe@outlook.com](mailto:lovefoodkingscliffe@outlook.com)

Higham juniors: [lovefoodhighamjuniors@outlook.com](mailto:lovefoodhighamjuniors@outlook.com)

Uppingham: [lovefooduppingham@outlook.com](mailto:lovefooduppingham@outlook.com)

Hayfield cross: [lovefoodhayfields@outlook.com](mailto:lovefoodhayfields@outlook.com)

Corby old village: [lovefoodcorbyoldvillage@outlook.com](mailto:lovefoodcorbyoldvillage@outlook.com)

Trinity C of E: [lovefoodtrinity@outlook.com](mailto:lovefoodtrinity@outlook.com)

Henry Chichele: [lovefoodhenrychichele@outlook.com](mailto:lovefoodhenrychichele@outlook.com)



Winter 2021

Paid meals are £2.40

# Winter 2021 Dairy, Gluten, Soya and Egg Free Menu

## Week One

Weeks beginning  
4<sup>th</sup> Jan, 25<sup>th</sup> Jan 22<sup>nd</sup> Feb, 15<sup>th</sup> Mar

## Week Two

Weeks beginning  
11<sup>th</sup> Jan, 1<sup>st</sup> Feb 1<sup>st</sup> Mar, 22<sup>nd</sup> Mar

## Week Three

Weeks beginning  
18<sup>th</sup> Jan, 8<sup>th</sup> Feb 8<sup>th</sup> Mar,

Monday



**Meat: Steak ff wrap**  
**Veg: Falafel ff wrap**  
**With: Crispy potatoes and mixed veg**  
**Dessert: FF cake**

**Meat: Chicken ff fajitas**  
**Veg: FF falafel wrap**  
**With: Rice and mixed veg**  
**Dessert: FF cake**

**Meat: FF Chicken goujons with sweet chilli dip**  
**Veg: FF veg wrap**  
**With: Crispy potatoes and mixed veg**  
**Dessert: FF cake**

Tuesday



**Meat: Mild Chilli con carne**  
**Veg: Vegetable Chilli con carne**  
**With: Tortilla chips, Rice, green beans**  
**Dessert: FF cake**

**Meat: FF Sausages and rice milk mash**  
**Veg: Veg sausage and mash**  
**With: Mash and green beans**  
**Dessert: FF cake**

**Meat: Shepherd's pie rice milk mash**  
**Veg: Vegetable shepherd's pie**  
**With: FF French bread and green beans**  
**Dessert: FF cake**

Wednesday



**Meat: Roast Turkey**  
**Veg: Vegetable casserole**  
**With: Roast pots, FF Yorky, cauliflower & carrots**  
**Dessert: FF biscuits**

**Meat: Roast Chicken**  
**Veg: Tomato and basil balls**  
**With: Roast pots, FF Yorky, cauliflower & carrots**  
**Dessert: FF biscuits**

**Meat: Roast Pork**  
**Veg: Cauliflower FF cheese**  
**With: Roast pots, FF Yorky, cauliflower & carrots**  
**Dessert: FF biscuits**

Thursday



**Meat: Ham FF macaroni FF cheese**  
**Veg: FF Macaroni FF cheese**  
**With: FF French bread and and sweetcorn**  
**Dessert: FF cake**

**Meat: FF Meatball FF pasta**  
**Veg: Tomato FF pasta**  
**With: FF French bread and sweetcorn**  
**Dessert: FF cake**

**Meat: Lasagne FF pasta, FF white sauce**  
**Veg: Meat free FF lasagne**  
**With: FF French bread and sweetcorn**  
**Dessert: FF cake**

Friday



**Meat: FF cod**  
**Veg: Sweetcorn fritter**  
**With: Oven baked chips and peas**  
**Dessert: FF cake**

**Meat: FF Fishfingers**  
**Veg: Falafels**  
**With: Oven baked chips and peas**  
**Dessert: FF cake**

**Meat: FF cod**  
**Veg: Falafels**  
**With: Oven baked chips and peas**  
**Dessert: FF cake**

Soup option

Warm Heinz soup served in an insulated cup with a bread roll, choose from carrot and bean soup

Lunch box option

Your choice of: FF Sandwich, FF Roll, or a FF Wrap. Fillings: Strawberry jam, FF Cheese, Ham, Chicken, or Tuna FF mayo, vegan ham, vegan chicken, or vegan cheese. All lunch boxes come with a piece of fruit, a yoghurt, a dessert and a snack bag which can contain any two of the following which are swapped around daily: FF Cheese triangle, Cherry tomatoes chopped, Cucumber batons, Carrot batons, Pepper batons, Chopped grapes, Mixed salad, Popcorn, Veggie straws, Melon sticks, Pretzels, Dried chewy bananas, Dried apple slices, Cheezi straws, Quinoa chips, Pineapple sticks, Raisins.

Jacket potato Everyday items

All Jacket potatoes come with a choice of either one or two of the following Fillings: cheese, Beans, Tuna ff mayo, and salad.

Oatly Milk, Water, FF Bread, coconut Yoghurts and fruit are available every day.



*Love Food*