

Dear Parents/Carers

Welcome to your winter menu.

It's safe to say that last year didn't quite go as planned for any of us, we would like to assure all our parents that we have worked with your school to produce a menu which is safe to deliver whilst following the food standards guidelines. Ultimately the menu we send you has to be what the school have asked us to do. All of our schools are designed very differently, some are able to go ahead with normal service and normal menu, others are unable to do this, so we have adjusted our menu and how we serve our food accordingly.

In our schools where plated service is not possible, we have designed a takeaway meal in a compostable box and recyclable bag, the takeaway menu may be slightly different to the main menu or completely different according to the directions the school have given us.

We have formed kitchen bubbles within our schools, all our staff still have to wear full PPE and will change that PPE regularly to ensure no bubble will be compromised.

Hopefully when our next menu is due, we will all be back to a more normal way of life.

We are not accepting paper orders due to coronavirus, you can either order online (if your school uses online booking) or you can email your order to your kitchen, emails are below. Please do not send your orders to the head office email as we can not guarantee we will see your email to pass on.

Please ensure you have booked a meal for your child, even if they are universal or free school meals. For safety reasons we are unable to access bubbles therefore we are unable to swap meals or provide extra meals once the meals have been sent out due to safety reasons.

For our schools not ordering online you can transfer your payment to us, below are our bank details for transferring payment:

Sort code: 09-01-28, Account number: 63832500

please use your child's school and name as reference please. (please ensure a payment is made when booking your meal, all transfers are checked against the order, if no payment is available your order will not be processed. Please note we do not offer a credit service and all debt will be recovered before your child can continue having meals)

If you wish to order, amend an order or have a query please email your kitchens as your kitchens hold all the ordering information.

Stanion: lovefoodstanion@outlook.com

Nassington: lovefoodnassington@outlook.com

Cottesmore: lovefoodcottesmore@outlook.com

Geddington: lovefoodgeddington@outlook.com

Polebrook: lovefoodpolebrook@outlook.com

Higham Infants: lovefoodhighaminfants@outlook.com

King's Cliffe: lovefoodkingscliffe@outlook.com

Higham juniors: lovefoodhighamjuniors@outlook.com

Uppingham: lovefooduppingham@outlook.com

Hayfield cross: lovefoodhayfields@outlook.com

Corby old village: lovefoodcorbyoldvillage@outlook.com

Trinity C of E: lovefoodtrinity@outlook.com

Henry Chichele: lovefoodhenrychichele@outlook.com



Winter 2021 Dairy and Gluten Free Menu

Week One

Weeks beginning
4th Jan, 25th Jan 22nd Feb, 15th Mar

Week Two

Weeks beginning
11th Jan, 1st Feb 1st Mar, 22nd Mar

Week Three

Weeks beginning
18th Jan, 8th Feb 8th Mar,

Day	Week One	Week Two	Week Three
Monday 	Meat: Steak ff baguette Veg: Falafel ff baguette With: Crispy potatoes and mixed veg Dessert: FF cake	Meat: Chicken ff Fajitas Veg: Meat free chicken ff wrap With: Rice and mixed veg Dessert: FF cake	Meat: FF Chicken goujons with sweet chilli dip Veg: FF veg wrap With: Crispy potatoes and mixed veg Dessert: FF cake
Tuesday 	Meat: Mild Chilli con carne Veg: Vegetable Chilli con carne With: Tortilla chips, Rice, green beans Dessert: Alpro chocolate dessert	Meat: FF Sausages and soya mash Veg: Veg sausage and mash With: Mash and green beans Dessert: Alpro chocolate dessert	Meat: Shepherd's pie soya mash Veg: Vegetable shepherd's pie With: FF French bread and green beans Dessert: Alpro chocolate dessert
Wednesday 	Meat: Roast Turkey Veg: Quorn chicken pieces With: Roast pots, FF Yorky, cauliflower & carrots Dessert: FF biscuits	Meat: Roast Chicken Veg: Tomato and basil balls With: Roast pots, FF Yorky, cauliflower & carrots Dessert: FF biscuits	Meat: Roast Pork Veg: Cauliflower FF cheese With: Roast pots, FF Yorky, cauliflower & carrots Dessert: FF biscuits
Thursday 	Meat: Ham FF macaroni FF cheese Veg: FF Macaroni FF cheese With: FF French bread and sweetcorn Dessert: FF Pancake with Maple syrup	Meat: FF Meatball FF pasta Veg: Tomato FF pasta With: FF French bread and sweetcorn Dessert: FF Pancake with Maple syrup	Meat: Lasagne FF pasta, FF white sauce Veg: Meat free FF lasagne With: FF French bread and sweetcorn Dessert: FF Pancake with Maple syrup
Friday 	Meat: FF cod Veg: Sweetcorn fritter With: Oven baked chips and peas Dessert: FF cake	Meat: FF Fishfingers Veg: Falafels With: Oven baked chips and peas Dessert: FF cake	Meat: FF cod Veg: Falafels With: Oven baked chips and peas Dessert: FF cake

Soup option	Warm Heinz soup served in an insulated cup with a bread roll: carrot and butter bean soup
Lunch box option	Your choice of: FF Sandwich, FF Roll, or a FF Wrap. Fillings: Strawberry jam, FF Cheese, Ham, Chicken, or Tuna mayo, vegan ham, vegan chicken, or vegan cheese. All lunch boxes come with a piece of fruit, a yoghurt, a dessert and a snack bag which can contain any two of the following which are swapped around daily: FF Cheese triangle, Cherry tomatoes chopped, Cucumber batons, Carrot batons, Pepper batons, Chopped grapes, Mixed salad, Popcorn, Veggie straws, Melon sticks, Pretzels, Dried chewy bananas, Dried apple slices, Cheezi straws, Quinoa chips, Pineapple sticks, Raisins.
Jacket potato Everyday items	All Jacket potatoes come with a choice of either one or two of the following Fillings: DF cheese, Beans, Tuna FF mayo, and salad. Soya Milk, Water, FF Bread, Soya Yoghurts and fruit are available every day.



Love Food