



Dear Parents/Carers

Welcome to your Spring 2020 menu

The children seem to be enjoying their new cakes which have been baked for us by Wesses bakery, we're still trying out new things between us, as you can imagine baking for us is quite a tall order. We've all enjoyed taste testing!!!!

Obviously, we are now entering into Brexit, at present we do not foresee any problems with our suppliers but if products become hard to source the menu will be subject to change. Our allergy menus are all catered for already, so we do not foresee any issues with these.

Jam sandwiches have been a massive hit so they will be here to stay.

This menu our allergy/intolerant children will be provided with a free from cake suitable to their allergy/intolerance and Yorkshire puddings, these have been specially baked for us and will make lunch time a little more interesting for them being able to have cake.

If any parents or children wish to send us any recipe ideas they may have then please do feel free to send them to lovefoodjm@outlook.com

We are still struggling to ensure parents are ordering for their child, Please ensure you have booked your child's meal for when we return after the break, even if your child is Universal free school meals or Free school meals as if a child turns up to lunch with no order booked they will not be given the meal of the day as this is cooked to order, they will be given a lunch bag that is available which makes it hard for our staff when the child wants the main meal but there isn't a meal booked for them. We have made it very easy to order and our online system lets you order up to midnight the night before or if your school is not online you can hand your order in to your school. We cannot accept orders after 9.00 am and you cannot place an order without a payment accompanying the order, if you fill out a termly order then you must pay for a termly order and not arrange payment weekly.

For schools using the online system, we can not accept bank transfers, please book using the online booking system.

If your child has a dietary requirement please email the office for one of our specialist menus and a dietary requirement form, please note we can not feed your child a special menu until we have this completed form. We also have a vegan menu available.

Love Food



Autumn/winter Dairy Egg and Soya free Menu 2019/20

Paid meals are £2.40

Week One

Weeks beginning

24th Feb, 16th March, 20th Apr, 11th May

Week Two

Weeks beginning

2nd March, 23rd March, 27th Apr, 18th May

Week Three

Weeks beginning

9th March, 30th March, 4th May,

Monday



Meat: Handmade ff beef burger in a bun

Veg: Meat free burger

With: Potato slices and sweetcorn

Dessert: Free from cake

Meat: FF Hotdog in a roll

Veg: Meat free sausage in a roll

With: Potato slices and sweetcorn

Dessert: Free from cake

Meat: BBQ Chicken

Veg: meat free BBQ chicken

With: Potato slices and sweetcorn

Dessert: Free from cake

Tuesday



Meat: chicken and potato pie

Veg: ff Cheese and potato pie

With: French bread

Dessert: Free from cake

Meat: Beef chow Mein Noodles

Veg: Vegetable chow Mein

With: Prawn crackers, peppers and carrots.

Dessert: Free from cake

Meat: Love food breakfast

Veg: Vegetable breakfast

With: Hash brown ff soya scrambled eggs and beans

Dessert: Free from cake

wednesday



Meat: Roast Beef

Veg: Vegetable casserole

With: Roasts, Ff Yorkshire, Green beans & Carrots

Dessert: Various biscuits

Meat: Roast Chicken

Veg: Cauliflower ff cheese bake

With: Roasts, FF Yorkshire, Green beans & Carrots

Dessert: Various biscuits

Meat: Roast Pork

Veg: Falafel

With: Roasts, FF Yorkshire, Green beans & Carrots

Dessert: Various biscuits

Thursday



Meat: Meatball pasta

Veg: Tomato and butternut squash pasta

With: ff Garlic bread and mixed salad

Dessert: Melon and pineapple slices

Meat: Rigatoni bolognese ff mozzarella bake

Veg: Rigatoni with tomato and ff mozzarella

With: ff Garlic bread and mixed salad

Dessert: Melon and pineapple slices

Meat: Macaroni ff cheese with ham

Veg: Macaroni ff cheese

With: ff Garlic bread and Mixed salad

Dessert: Melon and pineapple slices

Friday



Meat: Breaded cod

Veg: Vegetable fingers

With: Oven baked chips and peas

Dessert: Free from cake

Meat: Fish fingers

Veg: Vegetable fingers

With: Oven baked chips and peas

Dessert: Free from cake

Meat: Cod cake

Veg: Vegetable fingers

With: Oven baked chips and peas

Dessert: Free from cake

Soup option

Warm Heinz soup served in an insulated cup with a bread roll, choose from vegetable

Lunch box option

Your choice of: Sandwich, Roll or a Wrap. Fillings: Strawberry jam, violife Cheese, Ham, Chicken, or Tuna free from mayo. All lunch boxes come with a piece of fruit, a jelly, a dessert and a snack bag which can contain any two of the following which are swapped around daily: Tomatoes (quartered), carrot batons, cucumber batons, grapes (quartered), violife cheese and biscuits, raisins, dried bananas, crackers, raw pepper batons.

Jacket potato

All Jacket potatoes come with a choice of either one or two of the following Fillings: violife cheese, Beans, Tuna free from mayo, and salad.

Everyday items

Oatly Milk, Water, Tesco soya free Bread, coconut based Yoghurts and fruit are available every day.

Paid meals are £2.40



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