



Paid meals are £2.40

Dear Parents/Carers

Welcome to your Spring 2020 menu

The children seem to be enjoying their new cakes which have been baked for us by Wesses bakery, we're still trying out new things between us, as you can imagine baking for us is quite a tall order. We've all enjoyed taste testing!!!!

Obviously, we are now entering into Brexit, at present we do not foresee any problems with our suppliers but if products become hard to source the menu will be subject to change. Our allergy menus are all catered for already, so we do not foresee any issues with these.

Jam sandwiches have been a massive hit so they will be here to stay.

This menu our allergy/intolerant children will be provided with a free from cake suitable to their allergy/intolerance and Yorkshire puddings, these have been specially baked for us and will make lunch time a little more interesting for them being able to have cake.

If any parents or children wish to send us any recipe ideas they may have then please do feel free to send them to lovefoodjm@outlook.com

We are still struggling to ensure parents are ordering for their child, Please ensure you have booked your child's meal for when we return after the break, even if your child is Universal free school meals or Free school meals as if a child turns up to lunch with no order booked they will not be given the meal of the day as this is cooked to order, they will be given a lunch bag that is available which makes it hard for our staff when the child wants the main meal but there isn't a meal booked for them. We have made it very easy to order and our online system lets you order up to midnight the night before or if your school is not online you can hand your order in to your school. We cannot accept orders after 9.00 am and you cannot place an order without a payment accompanying the order, if you fill out a termly order then you must pay for a termly order and not arrange payment weekly.

For schools using the online system, we can not accept bank transfers, please book using the online booking system.

If your child has a dietary requirement please email the office for one of our specialist menus and a dietary requirement form, please note we can not feed your child a special menu until we have this completed form. We also have a vegan menu available.

Love Food



Spring Dairy free Menu 2020

Week One

Weeks beginning

24th Feb, 16th March, 20th Apr, 11th May

Week Two

Weeks beginning

2nd March, 23rd March, 27th Apr, 18th May

Week Three

Weeks beginning

9th March, 30th March, 4th May,

Day	Week One	Week Two	Week Three
Monday 	Meat: Handmade ff beef burger in a bun Veg: Meat free burger With: Potato slices and sweetcorn Dessert: Free from cake	Meat: FF Hotdog in a roll Veg: Meat free sausage in a roll With: Potato slices and sweetcorn Dessert: Free from cake	Meat: BBQ Chicken Veg: meat free BBQ chicken With: Potato slices and sweetcorn Dessert: Free from cake
Tuesday 	Meat: chicken and potato pie Veg: ff Cheese and potato pie With: French bread Dessert: Free from cake	Meat: Beef chow Mein Noodles Veg: Vegetable chow Mein With: Prawn crackers, peppers and carrots. Dessert: Free from cake	Meat: Love food breakfast Veg: Vegetable breakfast With: Hash brown ff soya scrambled eggs and beans Dessert: Free from cake
wednesday 	Meat: Roast Beef Veg: Vegetable casserole With: Roasts, Ff Yorkshire, Green beans & Carrots Dessert: Various biscuits	Meat: Roast Chicken Veg: Cauliflower ff cheese bake With: Roasts, FF Yorkshire, Green beans & Carrots Dessert: Various biscuits	Meat: Roast Pork Veg: Falafel With: Roasts, FF Yorkshire, Green beans & Carrots Dessert: Various biscuits
Thursday 	Meat: Meatball pasta Veg: Tomato and butternut squash pasta With: ff Garlic bread and mixed salad Dessert: Melon and pineapple slices	Meat: Rigatoni bolognese ff mozzarella bake Veg: Rigatoni with tomato and ff mozzarella With: ff Garlic bread and mixed salad Dessert: Melon and pineapple slices	Meat: Macaroni cheese with ham Veg: Macaroni cheese With: ff Garlic bread and Mixed salad Dessert: Melon and pineapple slices
Friday 	Meat: Breaded cod Veg: Fishless fingers With: Oven baked chips and peas Dessert: Free from cake	Meat: Fish fingers Veg: Fishless fingers With: Oven baked chips and peas Dessert: Free from cake	Meat: Cod cake Veg: Chicken style nuggets With: Oven baked chips and peas Dessert: Free from cake

<p><i>Soup option</i></p> <p><i>Lunch box option</i></p> <p><i>Jacket potato</i></p> <p><i>Everyday items</i></p>	<p>Warm Heinz soup served in an insulated cup with a bread roll, choose from vegetable</p> <p>Your choice of: Sandwich, Roll or a Wrap. Fillings: Strawberry jam, ff Cheese, Ham, Chicken, or Tuna ff mayo, vegan ham or vegan chicken. All lunch boxes come with a piece of fruit, a soya yoghurt, a dessert and a snack bag which can contain any two of the following which are swapped around daily: Tomatoes (quartered), carrot batons, cucumber batons, grapes (quartered), cheese, popcorn, pretzels, raisins, dried bananas, Crackers, raw pepper batons, pineapple sticks, melon sticks, veggie straws</p> <p>All Jacket potatoes come with a choice of either one or two of the following Fillings: Soya cheese, Beans, Tuna free from mayo, and salad.</p> <p>Soya Milk, Water, Bread, Soya Yoghurts and fruit are available every day.</p>
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