

***Paid meals are £2.40***



**Dear Parents/Carers**

**Welcome to your Summer 2019!!**

**Its hard to believe we are in our last term before summer!**

**When booking your meals for this menu, we are only able to load up to July, after July everyone changes years and classes therefore the booking for September won't be able to open until all schools have updated the changes which will be usually a few days before we return in September unfortunately.**

**We have changed the design of our menu this term, it looks more fun! We have brought back salad option and have added a roll option to the lunch box.**

**Please ensure you have booked your child's meal for when we return after the break, even if your child is Universal free school meals or Free school meals as if a child turns up to lunch with no order booked they will not be given the meal of the day as this is cooked to order, they will be given a lunch bag that is available which makes it hard for our staff when the child wants the main meal but there isn't a meal booked for them. We have made it very easy to order and our online system lets you order up to midnight the night before or if your school is not online you can hand your order in to your school. We cannot accept orders after 9.00 am and you cannot place an order without a payment accompanying the order, if you fill out a termly order then you must pay for a termly order and not arrange payment weekly.**

**For schools using the online system, we can not accept bank transfers, please book using the online booking system.**

**If your child has a dietary requirement please email the office for one of our specialist menus and a dietary requirement form, please note we can not feed your child a special menu until we have this completed form. We also have a vegan menu available.**

**If you wish to order, amend an order or have a query please email your kitchens as your kitchens hold all the ordering information.**

**Please remember when emailing our kitchens that they only work school hours and will reply to you as soon as they can.**

**If you are having problems logging on you can either contact School money direct, Love food office or your kitchen.**

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## Summer Gluten and Egg Free Menu 2019

### Week One

Weeks beginning  
3<sup>rd</sup> Jun|24<sup>th</sup> Jun|15<sup>th</sup> Jul|9<sup>th</sup> Sept|30<sup>th</sup> Sep|21<sup>st</sup> Oct

Monday



**Meat: Handmade Turkey burger in a FF pitta**  
**Veg: Vegetable burger in a FF pitta**  
**With: Crispy potatoes and Mixed salad**  
**Dessert: Strawberry thick shake**

Tuesday



**Meat: Chicken Fajitas in FF wrap**  
**Veg: Chargrilled Veg fajita**  
**With: Rice, tortilla chips and raw peppers**  
**Dessert: Trifle**

Wednesday



**Meat: Roast Pork**  
**Veg: Veg Casserole**  
**With: Roast potatoes & mixed veg**  
**Dessert: Various FF Biscuits**

Thursday



**Meat: Love food breakfast: Bacon and FF sausage**  
**Veg: Meat free breakfast**  
**With: Hash Browns, Baked beans**  
**Dessert: Strawberry Whip**

Friday



**Meat: FF Fish fingers**  
**Veg: FF Veg wrap**  
**With: Oven baked chips and peas**  
**Dessert: Jelly**

### Week Two

Weeks beginning  
10<sup>th</sup> Jun|1<sup>st</sup> Jul|22<sup>nd</sup> Jul|16<sup>th</sup> Sept|7<sup>th</sup> Oct

**Meat: Handmade Beef burger in a FF pitta**  
**Veg: Vegetable Burger in a FF pitta**  
**With: Crispy potatoes and Mixed salad**  
**Dessert: Chocolate thick shake**

**Meat: Chicken kebab**  
**Veg: Chargrilled Veg kebabs**  
**With: Rice, tortilla chips and raw peppers**  
**Dessert: Trifle**

**Meat: Roast Beef**  
**Veg: Veg Casserole**  
**With: Roast potatoes & mixed veg**  
**Dessert: Various FF Biscuits**

**Meat: FF Macaroni cheese with Ham**  
**Veg: FF Macaroni cheese**  
**With: FF French bread and mixed salad**  
**Dessert: Banana Whip**

**Meat: FF Cod Fingers**  
**Veg: FF Mozzarella sticks**  
**With: Oven baked chips and peas**  
**Dessert: Jelly**

### Week Three

Weeks beginning  
17<sup>th</sup> Jun|8<sup>th</sup> Jul|2<sup>nd</sup> Sept|23<sup>rd</sup> Sept|14<sup>th</sup> Oct

**Meat: Gf hotdog in a FF pitta**  
**Veg: Vegetarian sausage in a FF pitta**  
**With: Crispy potatoes and Mixed salad**  
**Dessert: Raspberry thick shake**

**Meat: Mild Chilli con carne taco's**  
**Veg: Mild Chilli veg and taco**  
**With: Rice and raw peppers**  
**Dessert: Trifle**

**Meat: Roast chicken**  
**Veg: Veg Casserole**  
**With: Roast potatoes & mixed veg**  
**Dessert: Various FF Biscuits**

**Meat: FF Meatball FF pasta bake**  
**Veg: Tomato FF pasta**  
**With: FF Garlic bread and mixed salad**  
**Dessert: Chocolate Whip**

**Meat: FF Fish fingers**  
**Veg: Sweetcorn Fritter**  
**With: Oven baked chips and peas**  
**Dessert: Jelly**

Soup option	Warm Heinz soup served in an insulated cup with a bread roll, choose from chicken or tomato
Lunch box option	Your choice of a FF Sandwich, FF Roll or a FF Wrap. Fillings: Cheese, Ham, Chicken, or Tuna ff mayo. All lunch boxes come with a piece of fruit, a yoghurt, a FF dessert and a snack bag which can contain any two of the following which are swapped around daily: Tomatoes (quartered), carrot batons, cucumber batons, grapes (quartered), cheese and FF Breadsticks, popcorn, raisins, dried bananas, FF bread sticks, raw pepper batons.
Salad option	Choose from ham, tuna ff mayo, cheese served with mixed salad and FF bread roll
Jacket potato	All Jacket potatoes come with a choice of either one or two of the following Fillings: cheese, Beans, Tuna ff mayo, and salad.
Everyday	Milk, Water, FF Bread, Yoghurts and fruit are available every day.



*Love Food*