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Headteacher: Mrs J Exton

Dear Parents,

I am delighted that we are going to working with the NSPCC next week as part of our wellbeing week.

They are going to be leading a workshop for parents on Thursday afternoon at 2pm all about online safety. I know that this can be an area of concern for many parents for lots of different reasons and this is a great opportunity to come and find out more. The online world is changing so quickly and it is very hard as adults to keep up with the children, so please come along and find out more.

Will you join us and help keep all children safe online?

O2 and the NSPCC have joined forces on a mission to help all children and their families in the UK stay safe online. Together, they're offering useful tools, support and guidance to help parents and carers have conversations with their children about their online lives.

Online safety workshops for parents

As part of this, they're running free **online safety workshops for parents and carers** at 2pm on Thursday 13th September. We would like to invite all parents and carers to join.

The hour-long workshop will help parents and carers understand their child's online world and build confidence to have those important conversations that can help keep children safe online.

Don't miss out on this great opportunity!

Until then, if you need any support or guidance, check out our [website pages](#) and [step-by step guides online](#), call the **O2 and NSPCC Online Safety Helpline** on **0808 800 5002**, or pop into your local O2 store for help from a Guru.



The NSPCC will also be working with the children to deliver their **Speak out. Stay safe.** programme on Tuesday 11th September. This is a nationwide programme for every primary-school-aged child in the UK and Channel Islands. With the help of their friendly mascot Buddy, they'll be presenting an assembly to the children in our school as well as a workshop for years 5 and 6 only (on Thursday).

"NSPCC has helped me to build the confidence to tell people about my worries and problems." Child's feedback

What is the *Speak out. Stay safe.* programme?

Through child-friendly, interactive assemblies and workshops their specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

We have studied the content of the materials and heard from other schools who have participated and are extremely confident that they are appropriate for primary-school-aged children. By the end of their visit, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

"This service provides important information in a child-friendly way – it should be made mandatory in all schools. A brilliant service!" Teacher, Wistaston Primary, Crewe

If you would like any more information about the NSPCC **Speak out. Stay safe.** programme, including frequently asked questions, you can find it on the NSPCC website nspcc.org.uk/schools or please come into speak to me and I can provide more information.

Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at nspcc.org.uk/pants

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website nspcc.org.uk/preventing-abuse/keeping-children-safe/

Yours sincerely,



J.Exton
Headteacher